## **Practical Orientation**

Budapest Semesters in Mathematics Summer 2025

#### **TOPICS INCLUDE:**

- → Important phone numbers
- → <u>Safety issues</u>
- → <u>Living in Budapest</u>
- → Your housing
- → Health & Mental Health at BSM
- → <u>Travel</u>
- → Important dates
- → extracurricular activities list

#### All European emergency number:



## **BSM 24/7 EMERGENCY NUMBER**

# + 36 20 628 5562

ANNA or ORSI

## **CONTACT BSM / STAFF**

# Via email or phone

NO text messages, Whatsapp

or FB messenger

## Swiss Clinic 24/7 Medical Emergency Numbers

## +36 30 992 0387

YOU ARE A GOLD CARD MEMBER

**Swiss Clinic emergency service** helps over the phone & at your home & in their clinics any hospitalization should be covered by your insurance

More info at www.bsmath.hu

## SAFETY ISSUES

# SAFETY MEANS LOOKING **OUT FOR** EACH OTHER

ALL BOARD

C.C.L. Harrison & Spin Second

#### Being of a "visible minority" in Budapest

- → Budapest is multicultural
- → In the countryside you may be a curiosity
- → People judge by your clothes first of all
- → You will primarily be viewed as a tourist
- → Prepare for being stared at
- $\rightarrow$  ... and microaggression

Always lock the doors of your apartment – even if you are inside.

Do not leave your stuff on the corridors!





#### **Beware of pickpockets**

Especially on trams 4-6 and 2

#### Do not use unmarked taxis

The price/km should be displayed!

Suggestion: use

Bolt app Or Uber Taxi





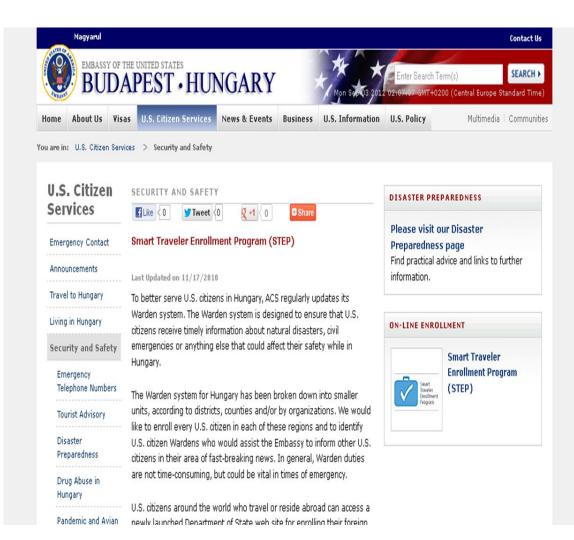
Use common sense when making friends on the street

#### DO NOT LEAVE YOUR DRINKS UNATTANDED









For more on safety, visit relevant pages of the US Embassy in Budapest.

> Enroll in their Smart Traveler program.

## LIVING in BUDAPEST

Hungary has ZERO tolerance on drugs (and alcohol, when driving - even scooters)





In Europe, always carry an ID with you – police can stop and check on you!

→ In Budapest: your driver's licence & copy of your passport's data page NOT your passport



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The police always has a uniform



# **NOT eligible** for a student pass on the Budapest Public Transport



International and other specialty food



## **Sending packages**

Beware of customs and special rules eg for medicine, if sent from outside the Schengen zone

Mail order from within the Schengen region

eg if amazon, then amazon.de or amazon.it

#### **Postal address**

Your name Budapest Semesters in Mathematics Bethlen Gabor ter 2 Budapest Hungary, 1071 **SIM CARDS** 

- → <del>Vodafone</del> ONE
- → Yettel
- → T-com

You need your passport to buy a sim card!

# Your Housing

#### Ground rules:

- → Make yourself at home.
- → Please respect your neighbors.
- → Don't smoke in the apartment.
- → Keep the apartment in the same condition as it was received
- → Report problems/damages to the landlord immediately

#### **Read Your contract!**

- Clean the apartment at least every two weeks can get a cleaning person do that.
- → If cleaning is provided by the landlord, make sure the cleaning person can get into the apartment and has room to clean.
- → Take out the garbage, wash dishes regularly/daily
- → Recycle paper and plastic/metal
- → Nothing can be put on the walls unless previously discussed with the landlord.
- → Do not throw or poured solid stuff into the drains
- → If anything breaks or goes out of order let the landlord know ASAP.

#### **NO PARTIES IN THE APARTMENTS**

**Quiet time 10pm - 8am and on weekends** 

# Help maintain a good relationship with the landlords!

**Contact Anna for mediation** 

# Health & Mental Health (a) BSM

#### Gold Card Services at the Swiss Clinic

- → Included in your tuition
- → Up to 6 visits with doctors/house calls
- → Labs as needed

For appointments: +36 1 225 0566, 8am-8pm, Mon- Fri

English speaking

#### You will have to use your own insurance

- if you need hospitalization or
- you need any medical help outside of Budapest (in Hungary and abroad) or
- if you go to another service provider in Budapest, not the Swiss clinic or
- You visit/have a house call from the Swiss clinic the 7th time or more

#### Other English services, using your insurance

#### **DUNA MEDICAL**



#### FIRSTMED



... and many more

#### **Mental Health Counselors**

#### Ms Eniko Johnston-Szucs

johnstonszucseniko@aol.com

#### Wednesdays 4 - 7pm, in 219



Mr Martin Farkas martin0farkas@gmail.com

Tuesdays 5-8pm, in 219





# Always let us know where you travel, when you are expected back



#### by email to

#### office@bsmath.hu

# Important Dates

# → June 6, 4pm, Academic orientation @ BSM, Bethlen Gabor ter 2, room 102

→ June 10, 5pm, Welcome reception

@ BSM, Bethlen Gabor ter 2, courtyard!

- → June 10, 8:15am, classes start
- → June 13, Noon, registration deadline

#### For more dates, see the Academic calendar

# **LET US KNOW**